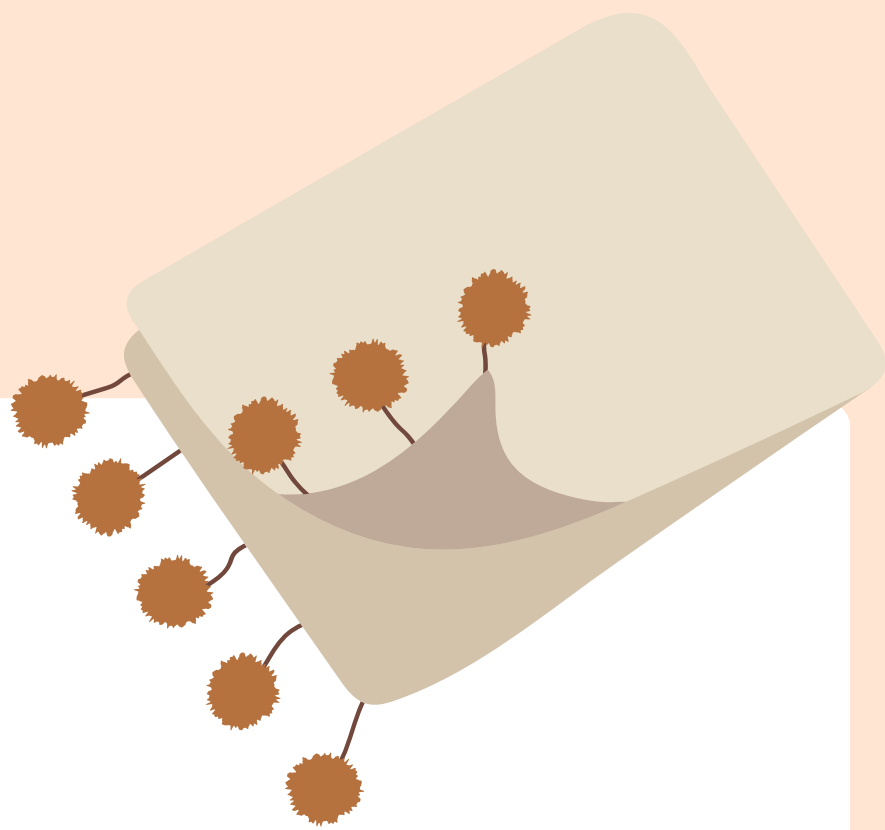


Safety Tips for Bed Sharing

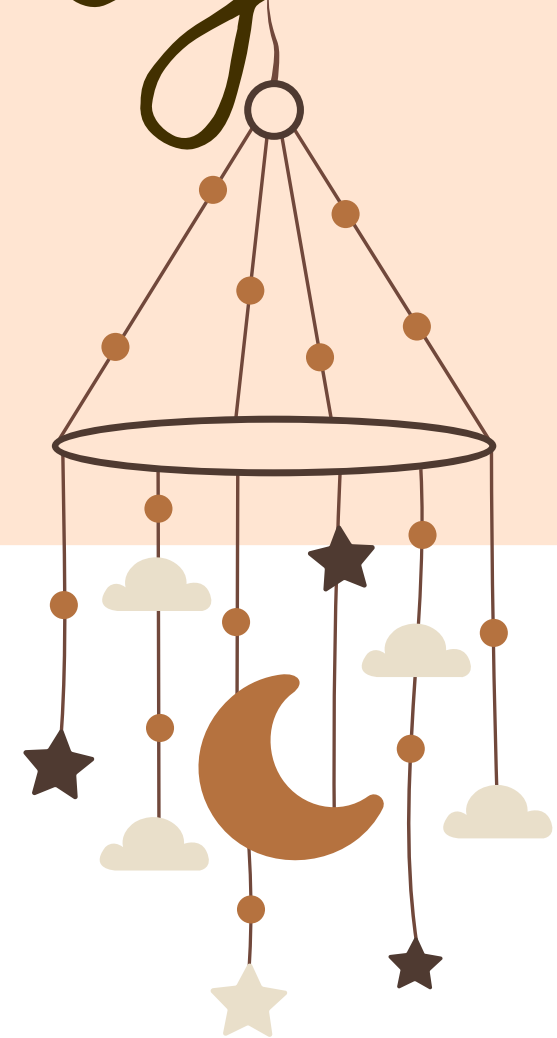


Use a safe surface:

- Not a chair or recliner, **FIRM MATTRESS ONLY!**
- No loose items
- Baby is on their back
- Temperature is safe
- No pets in the bed!



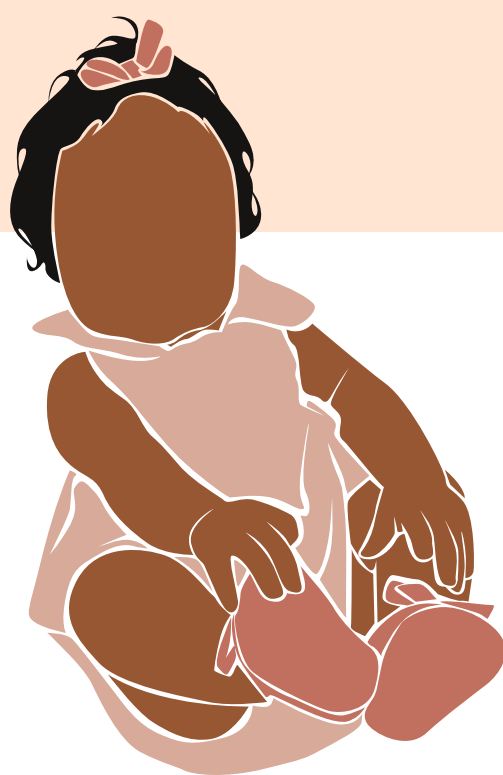
Use a pacifier if
breastfeeding it is well
established! It reduces
SIDs risks



Follow as many AAP
recommendations as you
can, even if you have
chosen to bed share!



**Do not smoke! Stay
sober and
unimpaired!**



**Dress baby
appropriately!
No hats!**



**Breastfeed if
possible!**